## Exercise 31

For the following exercises, solve each inequality and write the solution in interval notation.

$$
|3 x-4| \leq 8
$$

## Solution

Remove the absolute value sign by breaking up the inequality into two; using the logical operators, "and" or "or," if you have $<$ or $>$, respectively; and solving for $x$.

$$
\begin{gathered}
|3 x-4| \leq 8 \\
3 x-4 \leq 8 \quad \text { and } \quad 3 x-4 \geq-8 \\
-8 \leq 3 x-4 \leq 8
\end{gathered}
$$

Add 4 to all sides.

$$
-4 \leq 3 x \leq 12
$$

Divide all sides by 3 .

$$
-\frac{4}{3} \leq x \leq 4
$$

Therefore,

$$
x \in\left[-\frac{4}{3}, 4\right] \text {. }
$$

